

**FOUNDATIONS DANCE COMPANY
RECREATIONAL COMPANY INFORMATION HANDBOOK
2022-2023 / #FDCSZN5**

This handbook will serve as your guide to Foundations Dance Company and its philosophy of artistry and dance education, along with important dates and further information!

WELCOME TO FDC!

“At Foundations Dance Company we believe that dance lessons are life lessons. We instill values of determination, commitment, teamwork, and leadership in our students which will benefit them in all aspects of their lives. We believe in building strong, technical foundations in both our recreational and competitive students to ensure their progression allows them to achieve their fullest potential. Our mission is to provide a space for students where they can feel accepted and appreciated at all times, while they grow and nurture their love of dance. Foundations Dance Company is a dance family. We value the friendships made between dancers and their families, and the special bonds created between students and their teachers, knowing that making memories together is just as important as developing their education and artistry.”

As a condition of enrollment at FDC, students and their parents/guardians agree to abide by all the policies set forth. FDC reserves the right to terminate any student enrollment at any time for misconduct or inappropriate actions by either the student or their parents.

FDC is committed to providing quality dance instruction to enhance the overall development of the student. We believe that dance training encourages young students to develop a variety of skills and gives them the freedom to express themselves through movement.

The highest educational standards are expected from all FDC faculty members. As a member, an individual pledges to continue their education through workshops, seminars, and certification programs, in addition to other learning opportunities. The faculty believes that continuing their education is vital to providing the best instruction for the students.

CONTACT INFORMATION

Email: foundationsdancecompany@gmail.com

Website: www.foundationsdancecompany.com

Facebook: www.facebook.com/FoundationsDanceCoNF

Instagram: [@foundationsdancecompany](https://www.instagram.com/foundationsdancecompany)

Directors: Felicia Mastromatteo & Amanda Bruton

Direct Email Contact: foundationsdancecompany@gmail.com

Direct Phone Contact : 905-931-9923 OR 905-329-3074 (both numbers can be texted)

INTRODUCTION TO DANCE

FOR OUR STUDENTS

The first step to becoming a successful dancer is making a solid commitment to your classes. Strong technique is a key ingredient and class is where you develop that foundation. Come to each class prepared to learn and without personal distractions. Class time is your chance to focus on yourself, so try to leave your concerns or worries at the studio door. True progress is made when you look at each class as an opportunity to become better at what you love to do. Dance full-out, stretch a little further, become more aware of your technique, and make the most of every class. Respect for the teachers is essential. Listen to each direction and correction given, whether it is directed at you or another dancer. Nothing can stop those students who apply themselves in every class and appreciate their teachers' knowledge and experience.

FOR OUR PARENTS

We believe that children's success depends on the support of their parents or guardians. Because your commitment to the process makes an enormous difference, we encourage you to be a part of your child's dance education. Our programs rely on a positive atmosphere and educational experience for our faculty, students and their parents. Cooperation between all parents is expected. Showing respect for other parents, the students, and the faculty makes an important impression on the children. You are a role model for your child about how to interact with others in a professional setting. Your child's presence at all classes is imperative. The spirit of teamwork and the lesson of dedication are a big part of our studio's educational process. Parents and teachers may look at a child's learning from different perspectives. However, we believe they share a common goal: to ensure that every child receives the best possible training, both physically and mentally. Mutual respect among our faculty and our students' parents provides the children with the ultimate care and education. Dancers and their parents should be aware that dance is a physical skill. In order to help students and facilitate their learning, instructors will need to guide their movement by touch. This allows dancers to achieve proper alignment and learn the anatomy of dance.

2022-2023 DANCE SEASON

IMPORTANT DATES - Recreational Company

Monday September 12th 2022 - First Day Of Classes / Season Kickoff
Friday September 30th 2022 - Orange Shirt Day "Canada's National Day for Truth and Reconciliation"
Saturday October 1st 2022 - October Tuition Due
Monday October 10th 2022 - CLOSED - Thanksgiving
Monday October 24th 2022- Saturday October 29th 2022 - Halloween Dress Up Week
Monday October 31st 2022 - CLOSED - Halloween
Tuesday November 1st 2022 - November Tuition Due
Tuesday November 15th 2022 - Costume Deposit Due
Thursday December 1st 2022 - December Tuition Due
Saturday December 17th 2022 - Friday December 23rd 2022 - Red & Green Week
Saturday December 24th 2022 - Saturday January 7th 2023 - CLOSED - Holiday Break
Sunday January 1st 2023 - January Tuition Due
Wednesday February 1st 2023 - February Tuition Due
Monday February 20th 2023 - CLOSED - Family Day
Wednesday February 22nd 2023 - Pink Shirt Day
Wednesday March 1st 2023 - March Tuition Due
Saturday March 11th 2023 - Saturday March 18th 2023 - CLOSED - March Break
Wednesday March 15th 2023 - Media Fee Due
Saturday April 1st 2023 - April Tuition Due
Friday April 7th 2023 - CLOSED - Good Friday
Monday April 10th 2023 - CLOSED - Easter Monday
Monday May 1st 2023 - May Tuition Due
Monday May 15th 2023 - Costume Remainder Due
Monday May 22nd 2023 - CLOSED - Victoria Day
Friday June 2nd 2023 - Tentative Dress Rehearsal Date (Will be confirmed by season start date)
Saturday June 3rd 2023 - Last Day Of Classes
Sunday June 4th 2023 - Tentative Recital Date (Will be confirmed by season start date)

Please note, we may utilize PD days for any class cancellations due to inclement weather. You will be given prior notice should we decide to schedule additional dance on PD days.

PAYMENT SCHEDULE

Tuition Payments are made monthly (1st) from September to May. Classes are charged weekly and billed monthly to ensure you are getting exactly what you pay for. Therefore, you are not charged for classes that do not happen due to holidays and closures.

All payments must be paid on, OR before the 1st of each month. You will receive a statement prior to the due date for your convenience. However, your account balance and statement are available to you at all times through your DSP account / parent portal. If you are not able to access your account, please notify us immediately so we can get it rectified.

If payment has not been made by the 5th of the month, a late fee will be applied to your account. If you will be away for a payment deadline you are responsible for arranging that payment, and if it is missed the late fee will still be applied. It is imperative that your account is in

good standing by the end of each month. In the case that an account goes unpaid for two consecutive months, the student may not be able to attend classes until all outstanding fees have been paid.

Payments with a credit card can be made right in your parent portal, in your DSP account. E-transfers can be sent to foundationsdancecompany@gmail.com , please include your dancer's name, and the payment info in the memo if possible. Cash payments can be arranged, please let us know in advance so we can ensure someone is at the desk to collect and process your payment.

*Upon registration, **each family** is required to pay a non-refundable \$10.00 registration fee. Payments are made on the 1st of every month. The dancer's account is charged for each weekly scheduled class.(See pre-determined closure dates above). The account is billed monthly for the classes.

Refund & Withdraw Policy

In the case that a student decides to withdraw from their class(es) prior to the end of the season, written notice via email to foundationsdancecompany@gmail.com of their withdrawal needs to be submitted to the studio via email 30 days prior. No further payment, beyond any outstanding balance, would be required. However, there will be **no refunds** issued for classes attended, registration payment, costume fees, media fees, merchandise. In addition there are no refunds for any classes missed during the season due to absence. Without proof of withdrawal the spot will remain reserved for the dancer and tuition will continue to be charged. All overdue and unpaid accounts will be sent to collections.

COSTUMES

Each dance will have a specific costume for the recital. If accessories or tights are required, they will be provided with the costume. Shoes required for each dance are not included in the costume and are your responsibility to purchase, as indicated above. If your dancer is in a combination class (tap/jazz) one genre will be selected for recital - so only one costume will be necessary.

Costume deposits will be \$50.00+HST and will be due on November 15th 2022

Costume remainders will vary depending on price, and will be due on May 15th 2023

Failure to meet these payments could result in your dancer not having a costume for the recital.

MEDIA FEE

Each family will be charged a \$22+HST media fee on March 15th 2023 - this fee will include access to the recital video footage.

CLASS ATTIRE

Tap & Jazz:

Dancers are encouraged to be in fitted clothing for these classes. Activewear, Leotards, Unitards, Bodysuits etc are all appropriate options!

Black Tap Shoes (any style) can be worn for the tap portion of this class. (These shoes can often be found gently used on Facebook Marketplace, Once Upon A Child, and new at Dancewear Niagara, or any online dance retailer.)



Black Jazz or Ballet Shoes can be worn for the jazz portion of this class. (These shoes can often be found gently used on Facebook Marketplace, Once Upon A Child, and new at Dancewear Niagara, or any online dance retailer.)



Ballet:

Dancers are encouraged to be in a leotard or bodysuit for this class. Form fitted clothing is strongly encouraged.

Soft Pink Ballet Shoes (any style) can be worn for this class. (These shoes can often be found gently used on Facebook Marketplace, Once Upon A Child, and new at Dancewear Niagara, or any online dance retailer.)



Hip Hop:

Dancers are encouraged to wear baggier clothing for this class. Loose fitting track pants, shorts, t-shirts, tank tops are all great options! *Please note a bodysuit / leotard would be less suitable for this class.

All black clean indoor sneakers/running shoes (any style/brand) can be worn for this class.

**Acro:**

Dancers must be in form fitted clothing for this class. Often a dancer will need to be spotted / assisted, and the baggier the clothing, the more risk.

No shoes are required as bare feet will be used for this class.

Hair:

Hair should be secured back, and not in your dancer's way while in class.

ABSENCE POLICY

Through your DSP accounts you will be able to log your dancers' attendance. Therefore, if you know your dancer will be absent, or is sick, we ask that you log that in order to communicate to your dancer's teacher that they will not be in attendance.